# Reprogramming Your Mind

#### Transformation

### Be transformed by the renewing of your mind.

Romans 12:2

## The Continual Operation

But when the kindness and the love of God our Savior toward man appeared, not by works of righteousness which we have done,

but according to His mercy He saved us, through the washing of regeneration and <u>renewing of the Holy Spirit</u>,

whom He poured out on us abundantly through Jesus Christ our Savior,

that having been justified by His grace we should become heirs according the hope of eternal life.

## Coaching Question?

Has anyone ever taught you how to be transformed?

## Mind



### Us • Our



God said, "Let **Us** make man in **Our** image, according to **Our** likeness. Genesis 1:26

### Our Image and Our Likeness

#### Image of God

His nature, inborn character, innate disposition, inherit tendencies of a person, instincts or desires.

#### Likeness of God

To have a rational soul with the powers of intellect and will.

#### The Word

In the beginning was the Word, and the Word was with God, and the Word was God.

John 1:1

#### Namer

Out of the ground the LORD God formed every beast of the field and every bird of the air,

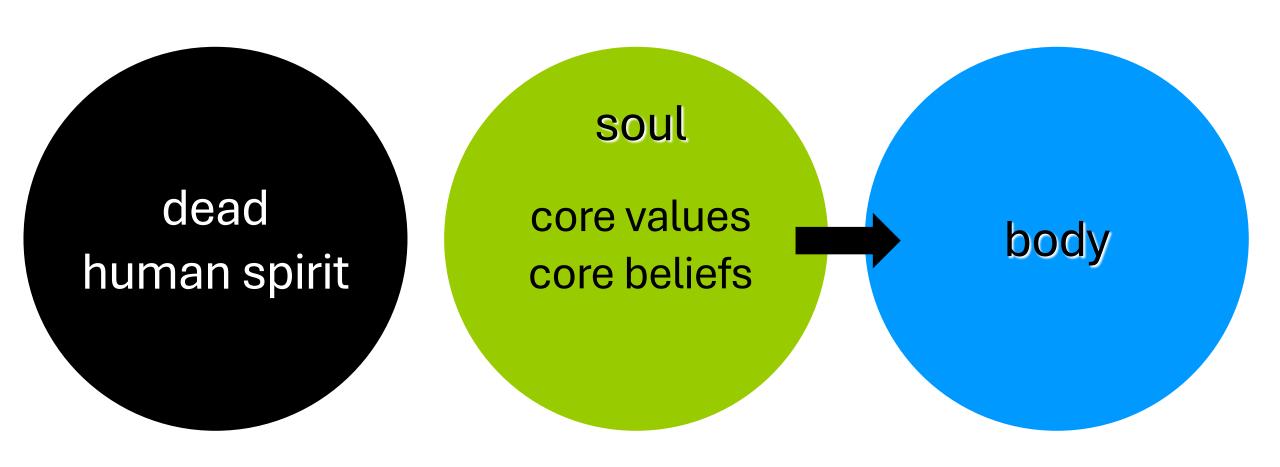
and brought them to Adam to see what he would call them.

And whatever Adam called each living creature, that was its name.

So Adam gave names to all cattle, to the birds of the air, and to every beast of the field.

Genesis 2:19,20

### Before rebirth



## Perfect in spirit not soul

born again human spirit

**New Core Values** 

Perfect Complete soul

**Old Core Beliefs** 

doubt unbelief

### After rebirth

born again human spirit
New Core Values

New Core Values reside in the human spirit.



Old Core Beliefs still reside in the soul.

### After rebirth

born again human spirit **New Core Values** 

His divine power has given to us all things that pertain to life and godliness.

soul **Old Core Beliefs** doubt unbelief

2 Peter 1:3

## Development of our Belief System

#### **Barriers to Freedom**

**Generational Inheritance** 

**Primary Care Givers** 

**Environment** 

General Life Experiences

Trauma

Recurring Programming

Any Occult Involvement

Influential Men - Women

**Extended Family Members** 

**Abuse** 

To give them beauty for ashes, the oil of joy for mourning, the garment of praise for the spirit of heaviness. Isaiah 61:3

### Source of Doubts and Unbelief

soul

generational DNA environment experience

The iniquity of the fathers upon the children and the children's children to the third and the fourth generation.

Exodus 34:7

# Renewing of the Mind

# Why the Monarch Butterfly?



## Monarchy

#### **Worldly Monarchy**

A form of government in which a person, the monarch, is head of state for life.

### **Spiritual Monarchy**

A form of government in which a Person, Holy Spirit, is the head of a person's life.

## Butterfly

#### Metamorphosis

...the process of transformation from an immature form to an adult.

...a change of the nature of a person into a completely different one, by natural and/or supernatural means.

## Coaching Question?

Is Holy Spirit the Monarch of your life?

### The Transformation Mandate

soul conscious mind unconscious mind subconscious mind

### **Conscious Mind**

- We use for our daily activities.
- Sifts, sorts and examines current information.
- Place where the Word of God enters.
- Where thinking patterns are changed.
- Determines truth in our life.



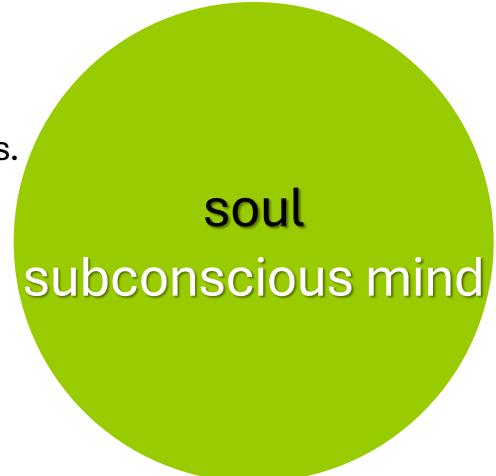
### **Unconscious Mind**

- Activities and actions that we do without conscious thought.
- Things that we do naturally all our lives.
- They are also areas that become so much a part of us that we are trained to do them without thinking about the.



### Subconscious Mind

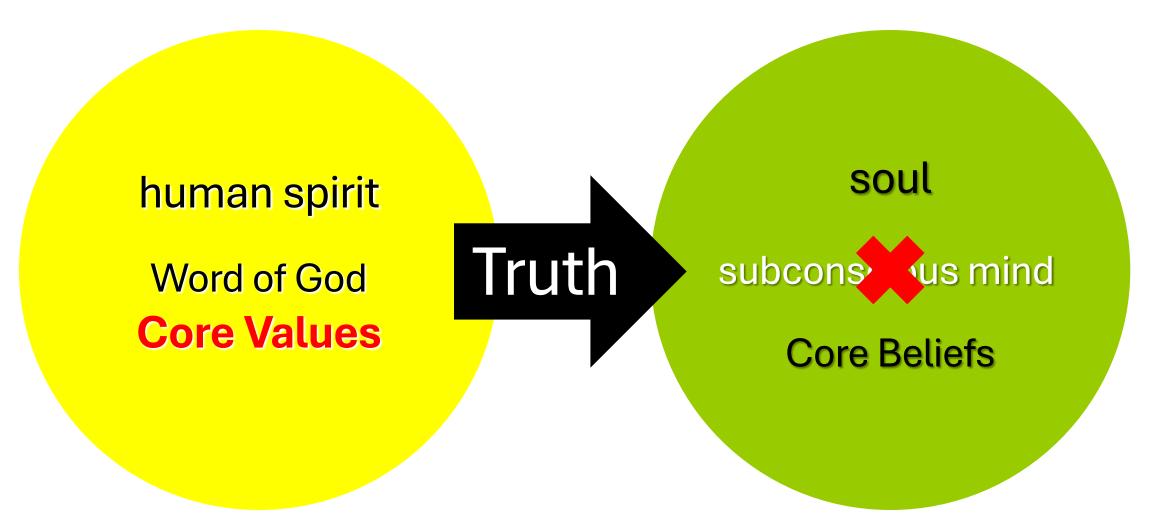
- Location for all our experiences and memories.
- Its job is to manifest in our life what the conscious mind determines is true.
- Habits, behaviors and systems are formed.
- Is neutral to the information it stores.



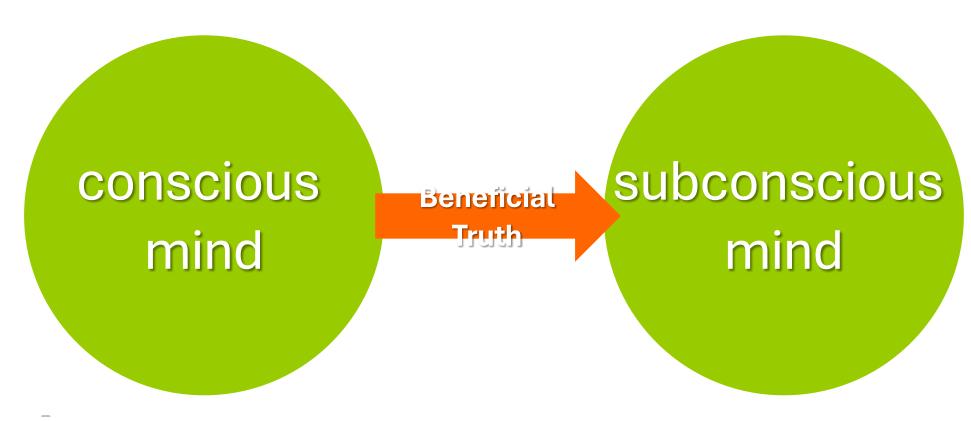
## **Core Beliefs**



## Renewing the Subconscious Mind



## Minds Working Together



If two of you agree on earth concerning anything that they ask.

Matthew 18:19

### Core Beliefs-Subconscious Mind

human spirit

Word of God

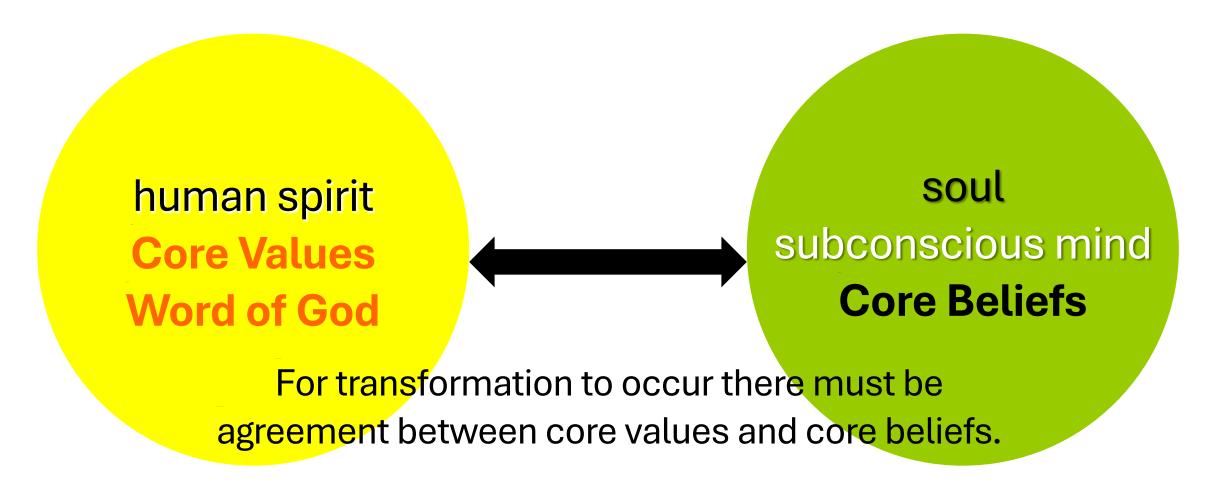
**Core Values** 

Historical Core Beliefs

subconscious mind

generational DNA environment experience

## Transformation Agreement

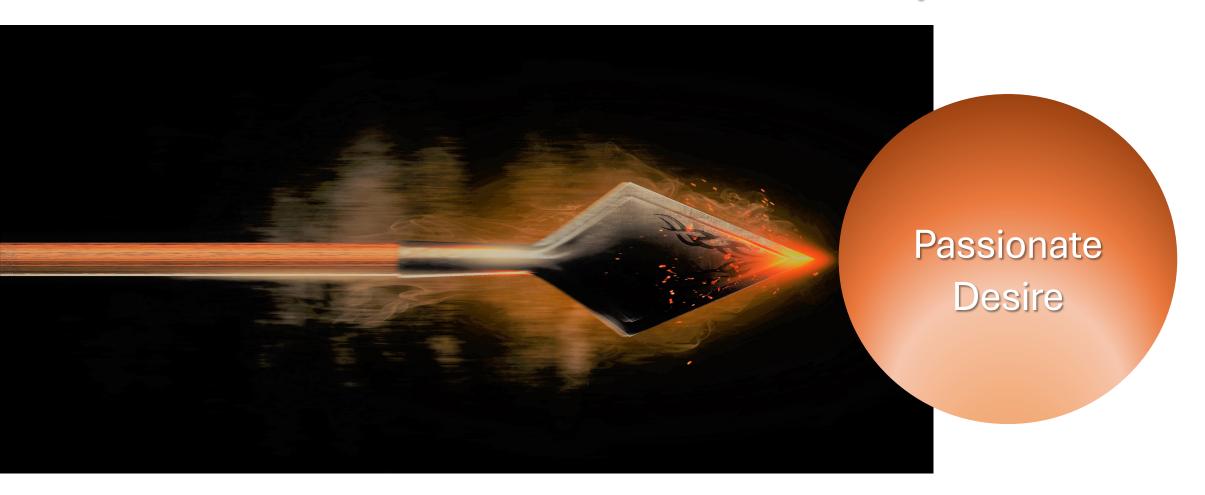


## Who is ruling Who?

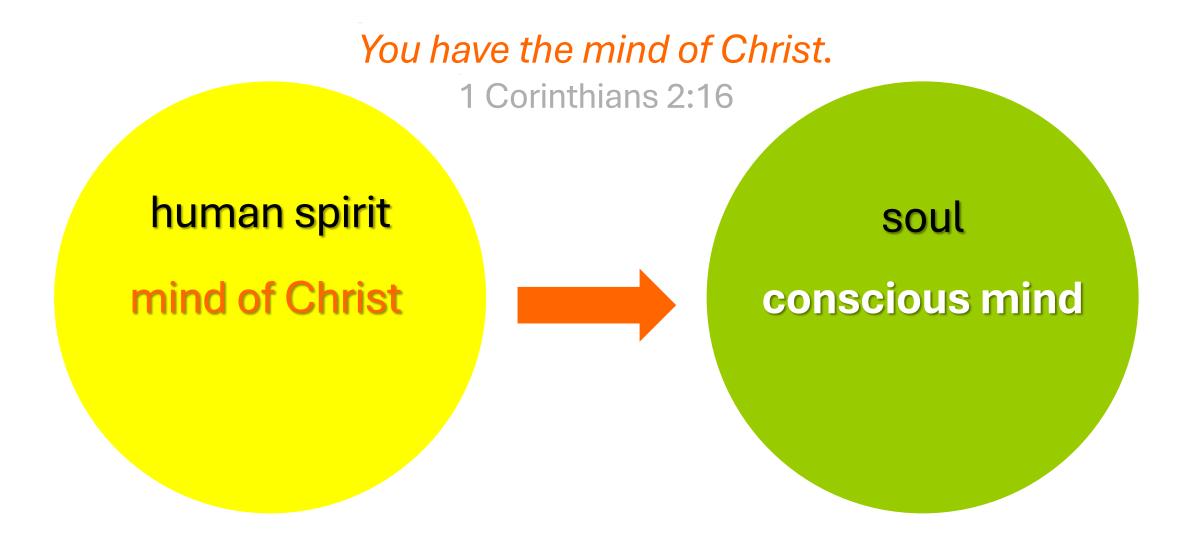
human spirit rules the soul human spirit



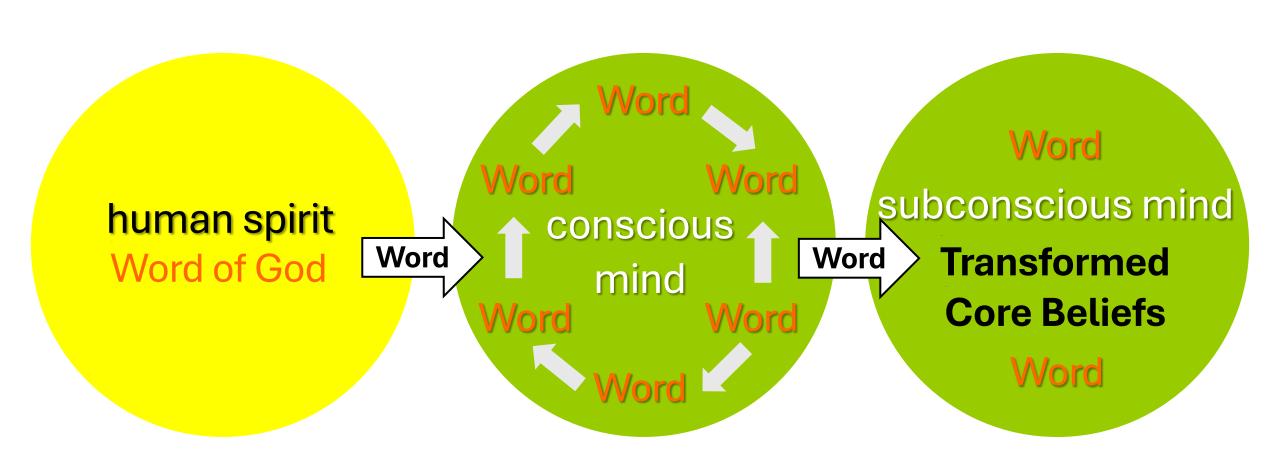
## Mind Transformation Prerequisite



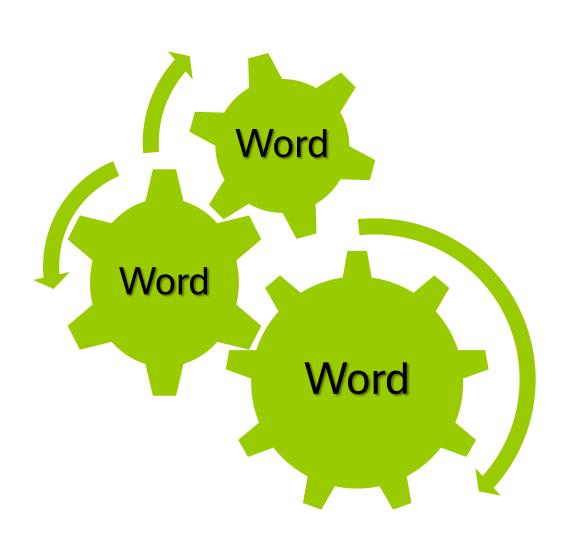
#### Mind of Christ



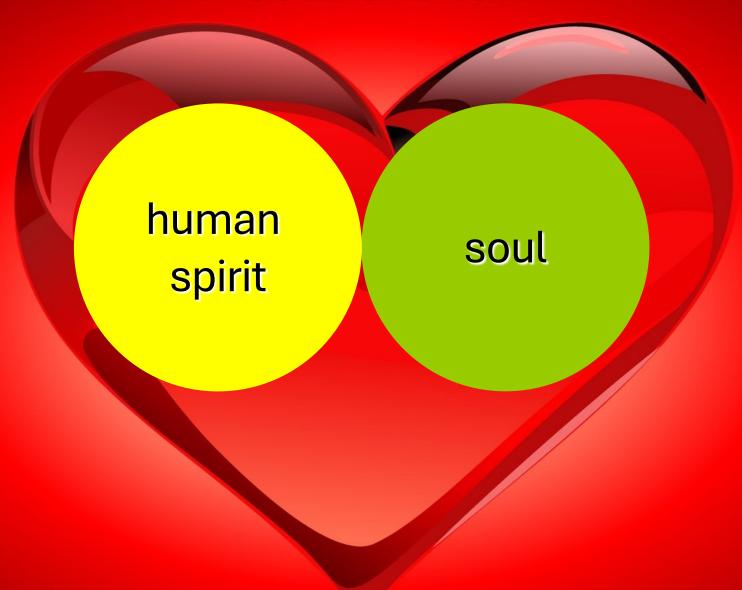
## Renewing your Subconscious Mind



### **Biblical Meditation**



## Heart of Man



### Meditation and Rhema

Rhema means a spoken word / revelation knowledge.



Faith cometh by hearing, and hearing by the word (rhema) of God.
Romans 10:17

#### **Biblical Meditation**

Biblical meditation is characterized more by reflecting, than by studying, more by listening than by thinking.

Holy Spirit comes and work within us: teaching, cleansing, comforting and reproofing.

Holy Spirit engages our spirit, soul and body to make the passage of scripture we are meditating on come alive.

#### **Meditation Process**

You read the verse with your sight, one of your senses.

Then you think about the verse with your conscious mind.

Then you meditate on the verse over and over with your conscious mind.

This process creates an environment where Holy Spirit gives revelation knowledge.

Let the words of my mouth and the meditation of my heart. Psalm 19:14

# Practice Practice Practice